



Test Questions and Evaluation

Instructions: In order to receive your CEU certificate via email, you must answer four of the five test questions correctly and complete the evaluation below. After completing this form email a copy to info@savorpodcast.com and pay the \$10 CEU fee at savorpodcast.com. If you have any questions about receiving your CEU please email us!

Episode: Substance Abuse & Eating Disorders

Date _____

Instructors: Danielle Beck-Ellsworth PsyD MFT, Kelly Hinds RD, and Tamara Pryor PhD FAED

Name: _____

License Number: _____

Mailing Address: _____

Phone Number: _____

Email: _____

Test Questions: You must have a minimum of four correct in order to receive one CEU for listening to the episode.

Circle True or False to indicate your answer.

1. True or False: It is common to see eating disorder patients present with only one diagnosis
2. True or False: Patients who completed outpatient treatment had greater long-term success than patients who completed inpatient treatment
3. True or False: Smoking marijuana does not increase the appetite of patients with anorexia
4. True or False: Restricting anorexics have the highest incidence of substance abuse amongst eating disorder patients
5. True or False: Patients tend to move forward in recovery when they identify what they are trying to achieve with their behaviors

Evaluation: Please rate the presenters and episode using the following scale

1-Poor 2-Fair 3-Good 4-Excellent

The presenters demonstrated expertise in the topic.	1	2	3	4
The episode met the advertised objectives.	1	2	3	4
The information provided will be useful in my practice.	1	2	3	4
The content was interesting & added to my knowledge.	1	2	3	4
The resources on the Savor website were useful.	1	2	3	4

I would listen to another episode with these presenters again. Circle one of the following:

Yes Maybe No

I would listen to another CEU Savor Episode in the future. Circle one of the following:

Yes Maybe No

Topics I would like to learn more about include: _____

Objectives:

- 1. To explore the prevalence of substance use disorders amongst eating disorder patients**
- 2. To identify reasons why eating disorder patients engage in substance use**
- 3. To discuss the effects the legalization of marijuana has on the future of eating disorder treatment**
- 4. To explain how an integrative treatment approach differs from the traditional model of treating each diagnosis independently**
- 5. To educate participants on the various effects different strains of marijuana have on the brain**