



Test Questions and Evaluation

Instructions: In order to receive your CEU certificate via email, you must answer four of the five test questions correctly and complete the evaluation below. After completing this form email a copy to info@savorpodcast.com and pay the \$10 CEU fee at savorpodcast.com. If you have any questions about receiving your CEU please email us!

Episode: What is an Eating Disorder?

Date _____

Instructors: Danielle Beck-Ellsworth, PsyD, MFT, Kelly Hinds, RD

Name: _____

License Number: _____

Mailing Address: _____

Phone Number: _____

Email: _____

Test Questions: You must have a minimum of four correct in order to receive one CEU for listening to the episode.

Circle True or False to indicate your answer.

1. True or False: Eating disorders are considered to be serious mental illnesses
2. True or False: Only three criteria must be met in order to be diagnosed with an eating disorder
3. True or False: There is no weight criteria in the DSM 5 for Bulimia Nervosa
4. True or False: In order to be considered a mental disorder, the illness must be affecting the person on multiple levels of functioning
5. True or False: Stereotypes surround people with eating disorders, especially those with Binge Eating Disorder

Evaluation: Please rate the presenters and episode using the following scale

1-Poor 2-Fair 3-Good 4-Excellent

The presenters demonstrated expertise in the topic.	1	2	3	4
The episode met the advertised objectives.	1	2	3	4
The information provided will be useful in my practice.	1	2	3	4
The content was interesting & added to my knowledge.	1	2	3	4
The resources on the Savor website were useful.	1	2	3	4

I would listen to another episode with these presenters again. Circle one of the following:

Yes Maybe No

I would listen to another CEU Savor Episode in the future. Circle one of the following:

Yes Maybe No

Topics I would like to learn more about include: _____

Objectives:

- 1. To define eating disorder criteria from the Diagnostic Statistical Manual 5 (DSM 5)**
- 2. To review changes in eating disorder diagnostic criteria from the new DSM 5**
- 3. To educate participants about the behavioral warning signs of eating disorders**
- 4. To educate participants about the medical warning signs of eating disorders**
- 5. To explore helpful vs harmful ways of expressing concern to someone who may have an eating disorder**