



## Test Questions and Evaluation

Instructions: In order to receive your CEU certificate via email, you must answer four of the five test questions correctly and complete the evaluation below. After completing this form email a copy to [info@savorpodcast.com](mailto:info@savorpodcast.com) and pay the \$10 CEU fee at [savorpodcast.com](http://savorpodcast.com). If you have any questions about receiving your CEU please email us!

### Episode: Acupuncture: Your Only Job Is To Relax

Date \_\_\_\_\_

Instructors: Danielle Beck-Ellsworth, PsyD, MFT and Norah McIntire, L.Ac.

Name: \_\_\_\_\_

License Number: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

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**Test Questions:** You must have a minimum of four correct in order to receive one CEU for listening to the episode.

Circle True or False to indicate your answer.

1. True or False: "Sham" acupuncture uses needling on non-acupuncture points to look at the placebo effect of acupuncture in research studies.
2. True or False: Eastern medicine & acupuncture have significantly greater side effects than western medicine & pharmaceuticals.
3. True or False: The nervous system is not activated in acupuncture.
4. True or False: Chinese medicine integrates acupuncture, meditation, herbals & massage to treat the whole body.
5. True or False: Animal studies prove that results from acupuncture are actually attributed to the placebo effect.

**Evaluation:** Please rate the presenters and episode using the following scale

**1-Poor 2-Fair 3-Good 4-Excellent**

The presenters demonstrated expertise in the topic.	1	2	3	4
The episode met the advertised objectives.	1	2	3	4
The information provided will be useful in my practice.	1	2	3	4
The content was interesting & added to my knowledge.	1	2	3	4
The resources on the Savor website were useful.	1	2	3	4

I would listen to another episode with these presenters again. Circle one of the following:

Yes                      Maybe                      No

I would listen to another CEU Savor Episode in the future. Circle one of the following:

Yes                      Maybe                      No

Topics I would like to learn more about include: \_\_\_\_\_

**Objectives:**

- 1. To identify the methods used for assessing patients in Chinese Medicine.**
- 2. To educate participants on the various methodologies used in Chinese Medicine.**
- 3. To review research methods used in determining the effectiveness of acupuncture.**
- 4. To educate participants on the physiological changes occurring in the body during acupuncture treatments.**
- 5. To explore how acupuncture can be used in treating eating disorders and how to overcome barriers such as body image, physical touch and nutrition.**